



AGRICULTURAL PRODUCTS CATALOG

White Rice



IR 64 Rice



Sona Masuri Rice



Parboiled Rice



Kolam Rice
Nutra Premium

Ponni Rice



Semi Polished
Kalimooch Rice
Nutra White

White Rice



Ponni Rice



Golden Sella Rice

**Golden Sella
Basmati Rice**



Basmati 1121 Rice

Brown Rice



Nutra Core
Brown Basmati Rice



Nutra Core
Brown Kolam Rice



Nutra Core
Brown Kalimooch Rice



Nutra Premium - Premium rice is refined with a smooth texture with good taste. As compared to brown rice energy contain is low in premium rice. Premium rice contains good amount of carbohydrate but less in energy

Nutra White - White rice is the middle of the brown rice and premium rice. It is an instant source of energy for the body but low compared to brown rice. White rice can be good start before brown rice.

Nutra Core- Our core rice contains more overall nutrition. The whole grain brown rice helps to lower the risk of many diseases. Brown is a good source of energy.



Common Myths of Rice

- Rice is Fattening- Low in Fats and Cholesterol free
- Rice Contains Gluten- Fact is It is Gluten Free
- Rice has No Protein- A cup of white rice contains 3-4 gm. High compared to other grains
- Eating Rice for Dinner Makes one Fat- High Carb foods can be taken as they are metabolized into glucose, our energy stocks .
Rice is Difficult to Digest

Note: (Nutra Premium , Nutra White & Nutra Core Rice is USA FDA Certified)

(IR 64 , Sona Masuri , Parboiled , Ponni , Basmati 1121 Rice are FSSAI Certified)

TURMERIC / HALDI

Raw Turmeric



Turmeric Powder





Cummins Seeds



Cummins Powder

Coriander Powder



SPICES



Red Chilli Powder

ORGANIC PULSES / LENTILS



Toor Dal / Yellow Lentil



Udad Dal/Split Black Gram



Masoor Dal

Moong Dal

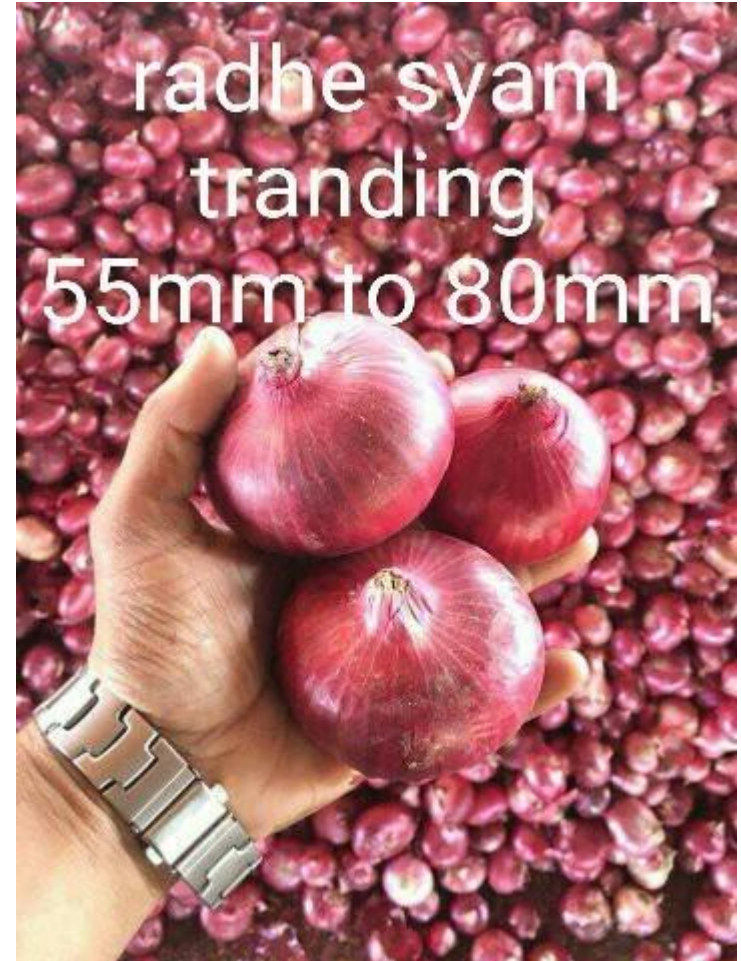


Onions



Onions 25 mm

Onions 50 to 80 mm



White Onions 25 to 50 mm



Expand Your Opportunities

CONTACT ADDRESS

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